



Notes:

		Test Proportion				
SUBAREA I—PERSONAL, INTERPERSONAL, AND FAMILY RELATIONSHIPS		15				
0001	Understand personal and interpersonal relationships.					
0002	Understand how communication affects personal, interpersonal, and family relationships.					
0003	Understand how families function.					
SUBAREA II—PARENTING, HUMAN DEVELOPMENT, AND HEALTH		15				
0004	Understand preparation for parenthood and the responsibilities of parenting.					
0005	Understand human growth and development throughout the life span.					
0006	Understand factors that influence health and wellness and strategies and techniques for maintaining health and wellness.					
SUBAREA III—NUTRITION, FOOD SCIENCE, AND FOOD PRODUCTION		14				
0007	Understand the principles of nutrition and food science and the relationship between diet and health.					
0008	Understand food selection, purchasing, storage, and preparation.					
0009	Understand various components to food development, distribution, and safety within the consumer marketplace.					
SUBAREA IV—RESOURCE MANAGEMENT AND CONSUMER SKILLS		14				
0010	Understand the management of personal and family resources.					
0011	Understand individual and family finances.					
0012	Understand the role of the consumer in the U.S. economy.					
SUBAREA V—FASHION, TEXTILES, AND APPAREL		14				
0013	Understand types of textiles and their characteristics, uses, and care.					
0014	Understand fashion and principles and elements of apparel design.					
0015	Understand wardrobe planning, textile and apparel selection, and construction.					



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		Test Proportion				
SUBAREA VI—HOUSING AND DESIGN		14				
0016	Understand housing considerations.					
0017	Understand the elements and principles of design as applied to housing and living environments.					
0018	Understand selection, maintenance, and safety issues related to home furnishings and appliances.					
SUBAREA VII—FOUNDATIONS, EDUCATION, AND CAREERS		14				
0019	Understand historical and current events, public policies, and research results in or related to family and consumer sciences and their effects on individuals, families, and communities.					
0020	Understand components of family and consumer sciences education.					
0021	Understand careers related to family and consumer sciences.					

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